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Finding Your Way After Your Spouse Dies

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FINDING YOUR WAY
after
Your Spouse Dies



MARTA FELBER

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Synopsis

There is nothing you need more than the warm, reassuring voice of one who has traveled this path before... and survived after suffering the death of a spouse. In *Finding Your Way After Your Spouse Dies*, Marta Felber offers just such a voice-caring, hopeful, always pointing ahead to a tomorrow that will be a little easier than today. Having experienced her own spouse's death, Felber is never glib or simplistic. She knows the grief her readers are feeling and she encourages them to give it full expression. At the same time, she offers sound, practical suggestions on how to navigate difficult days. This book shies away from none of the difficult issues of bereavement. Felber gently urges her readers toward careful, honest examination of the issues they face.

Book Information

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Customer Reviews

These are short readings, very well done, and a small prayer/meditation after each - can be read in any order one at a time or more per day. Highly recommended for anyone to help during grieving and mourning.

Yes I would recommend this to anyone suffering the loss of a spouse. It has great insights

Great gift for a friend who loses a spouse. However, first line is kind of harsh.

Gave this as a gift to my friend who had lost her husband after 60 years of marriage.

I lost my partner it helped. Nothing I really didn't know but is a nice easy read one of those books that makes company.

Thank you

The most informative and helpful book I have read on the subject. Very basic "how to" and "what to expect" information. This book has helped me a great deal in learning to comprehend, understand and work through the rough journey of learning to live without my sweetheart.

I found it a little insulting when the author suggested I take a course at the library to learn to navigate the internet. Widows are not all old ladies. Unfortunately many become widows way too young.

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